



## Ready Made Meals Menu

### From Mom's Kitchen

*Note: Prices may change without notice*

Description	Small 300-400 gms	Large 600-800 gms
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MEAT DISHES		
Beef Bourguignon with mashed potatoes		11.99
Beef Stew	6.99	11.99
Cabbage Rolls (2) with beef & rice in basil sauce		9.99
Cabbage Rolls (4) with beef & rice in basil sauce		17.99
Large beef meatballs in sweet & sour sauce		15.99/kg
Meatballs in basil sauce		15.99/kg
Roast beef in mashed potatoes		10.99
Shepherd's Pie	6.99	11.99
Stuffed peppers with rice, beef & cheese		15.00/kg
Sweet & Sour Meatballs on vegetable rice	5.99	9.99
Breaded chicken wings		22.02/kg
Chicken Parmesan (2)		13.99
Chicken parmesan in penne with basil sauce		9.99
Chicken Stew		9.99
Coconut Lime chicken stir fry with vegetable rice		9.99
General Tsao's chicken on vegetable rice	5.99	10.99
Thaiicious chicken stir fry in veg rice		9.99
Salmon filet on vegetable rice		11.99
Meat Lasagna	6.99	11.99
Roast Lamb with mashed potatoes		10.99
Veal Parmesan (2)		15.99
Veal parmesan with penne in basil sauce		10.99

PASTA DISHES		
Cheese cannelloni in basil sauce		8.99
Cheese tortellini	6.99	10.99
Fettuccini in alfredo sauce	5.99	9.99
Fettuccini, ground veal & mushrooms	5.99	10.99
Gnocchi in alfredo sauce		9.99
Gnocchi in vodka sauce		9.99
Macaroni & cheese	5.99	
Mild sausage with peppers & onions		7.99
Orecchietti with zucchini	5.99	9.99
Penne in basil sauce		7.99
Penne in vodka sauce	5.99	9.99
Penne with chicken & mushrooms	5.99	10.99
Perogies with bacon	4.99	
Pulled Pork with mashed potatoes	5.99	
Rigatoni in bolognese sauce		9.99
Roast Pork & mashed potatoes		9.99
Shrimp with spaghetti		11.99
Spaghetti & meatballs on basil sauce		10.99
Spaghetti in Basil Sauce	4.99	
Spaghetti in olive oil	4.99	7.99
Spaghetti with chicken, sundried tomatoes	5.99	
Three cheese ravioli in vodka sauce		9.99

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VEGETABLE DISHES		
Eggplant parmesan	7.99	
Roasted peppers		6.99
Roasted potatoes		4.99
Vegetable Lo Mein	5.99	
Vegetable rice		6.99

STORE MADE SAUCES	500 ml	1 Litre
Basil Sauce	4.99	8.99
Alfredo Sauce	6.99	11.99
Vodka Sauce	5.99	10.99
Bolognese Sauce	6.99	11.99

STORE MADE SOUPS & CHILI		1 Litre
Beef Barley Soup		11.99
Butternut Squash Soup		11.99
Cauliflower and Zucchini Soup		11.99
Chicken Noodle Soup		11.99
Chicken Rice Soup		11.99
Chicken Soup		11.99
Leek & Potato Soup		11.99
Lentil Soup		11.99
Minestrone Soup		11.99
Pasta Faggioli Soup		11.99
Roasted Red Pepper and Tomato Soup		11.99
Spinach Egg Drop Soup		11.99
Vegetable Chili		11.99

#### Allergy Alert:

Food prepared at our store may contain these ingredients: Milk, eggs, wheat, soybean, peanuts, tree nuts, fish and shellfish. If you have an allergy, check-in with one of our customer service representatives with any questions you may have about our Ready Made Meals.

#### Ordering instructions:

Make your purchases on-line OR contact our store at: 905-271-3994 and be ready to provide the following information:

CUSTOMER NAME:  
CUSTOMER CONTACT NUMBER:  
ORDER DATE:  
PICKUP DATE:  
ORDER TAKEN BY: